







## Educational and Movement Resources for Teenagers

## Educational

## Movement



Khan Academy
Free online courses,
lessons, and practice





**Scratch** 

Program your own animations and stories

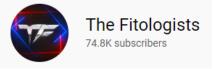


Born to Move



**TEDEd** 

Videos on topics of interest



The Fitologists



**Smithsonian Teen Tribune** 

Articles about hot topics written across reading levels

