

Pharmacy Pick-Up Tips

Due to COVID-19, it is important for individuals with underlying health conditions to either reduce trips to the store or rely solely on store pickup or delivery services. Picking up your prescription at the pharmacy may take more planning to help you make the change to store pickup or delivery services. Below are things to consider when talking to your doctor or pharmacist about pharmacy pickup.



- Ask your doctor or pharmacist if you can order your medication(s) online or have them delivered.
- Some insurance companies allow (and even encourage) home or mail delivery of medications. Discuss this option with your doctor or pharmacist.
- Ask your pharmacist if you can have a 3-month supply of medication to reduce trips to the pharmacy.
- Many drugstores offer delivery services. This is a great option if you cannot have your medications delivered. If your preferred store does not offer delivery it may be worth checking with a local store close to your house to see if they offer this service.
- If you need to pick up your prescription at the pharmacy, select a time to go to the pharmacy that will be less busy. Use the drive-through window if possible. If you have to go inside, wear a mask. Remember to maintain social distance inside the pharmacy (stay 6 feet away from others). Use a credit card or app to pay for medication (avoid cash if possible). Wash your hands when you return home for at least 20 seconds.
- Also, double check to make sure you have over-the-counter medications and supplies like a thermometer in working order at home.