



STAYING SAFE II







Staying safe means avoiding danger



when possible. When I am in danger,





my heart may beat faster, I may sweat,



or my stomach may hurt.



There are rules to stay safe and avoid



danger when possible:



Stay with my family member or an



adult I know.



Hold the hand of my family





member or an adult I know.



Follow directions of my family



member or an adult I know.





To keep me safe, my family member or

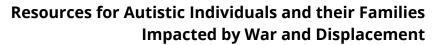


another adult may tell me I need to do



something. When my family member

tells me to do something, I need to



follow the direction quickly to stay



safe. Sometimes I might not like the

directions, but I need to follow the



direction to stay safe.



If I feel I am in danger or unsafe, I can





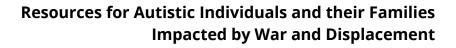


tell my family member or an adult I



know. I can hold my family member's













hand. I can take deep breaths or ask





my family member for a tight squeeze.





When I follow safety rules, my family



member or an adult I know can help



me stay safe.

