

Websites About Social Connectedness

Resource	Description	Access
Autism Society of America Toolkit	Online toolkit for COVID-19 developed by Autism Society	Mental Health and Respite: https://www.autism-society.org/COVID-mental-health-respite/
Autism Society of Minnesota Guide to Managing the Quarantine and Self-Distancing	Online guide that can be downloaded and printed with information on socializing remotely	https://ausm.org/images/docs/PandemicGuideforASDAdults2020.pdf
Global and Regional Asperger Syndrome Partnership (GRASP)	Online chat groups and other supports to maintain connections	https://grasp.org/resources/
National Council on Aging Tools for Reaching a Remote Audience	Pros and cons for available tools for connecting remotely	https://acl.gov/sites/default/files/common/Tools%20for%20Reaching%20a%20Remote%20Audience%20-%20by%20NCOA_0.pdf
The Math Behind Social Distancing	Graphic of why social distancing is important and how it works	https://www.visualcapitalist.com/the-math-behind-social-distancing/