



Autism Focused Intervention  
Resources & Modules

## Exercise CEC Standards

The CEC Standards that apply to all 27 evidence-based practices can be found on our website at: <http://afirm.fpg.unc.edu/learn-afirm>

Below are CEC Standards that apply specifically to Exercise (ECE) module.

Standard	Description
<b>Initial Preparation Standard 1: Learner Development and Individual Learning Differences</b>	
ISCI 1 K1	Typical and atypical human growth and development
ISCI 1 K10	Effects an exceptional condition(s) can have on an individual's life
DDA1 K3	Co-existing conditions and ranges that exist at a higher rate than in the general population
<b>Initial Preparation Standard 2: Learning Environments</b>	
ISCI 2 S10	Use effective and varied behavior management strategies
<b>Initial Preparation Standard 4: Assessment</b>	
DDA4 S1	Select, adapt and use assessment tools and methods to accommodate the abilities and needs of individuals with developmental disabilities/autism spectrum disorders
DDA4 S2	Develop strategies for monitoring and analyzing challenging behavior and its communicative intent
<b>Initial Preparation Standard 5: Instructional Planning &amp; Strategies</b>	
ISCI 5 S17	Use procedures to increase the individual's self-awareness, self-management, self-control, self-reliance, and self-esteem
DDA5 S13	Plan instruction for independent functional life skills and adaptive behavior

Standard	Description
<b>Advanced Preparation Standard 3: Programs, Services, and Outcomes</b>	
SEDAS3.K3	Modify the verbal and non-verbal communication and instructional behavior in accord with the needs of individuals with developmental disabilities/autism spectrum disorder
SEDAS3.S8	Provide varied instruction and opportunity to learn play and leisure skills
SEDAS3.S11	Identify evidence based strategies to increase self-awareness, and ability to self-regulate

**For more  
information visit:  
[www.afirm.fpg.unc.edu](http://www.afirm.fpg.unc.edu)**