

Parent's Guide

WHAT IS ABI?

- Antecedent-based interventions is an evidence-based practice for children and youth on the spectrum from 0-22 years old.
- ABI is used to make changes to the environment to decrease an identified interfering behavior and increase on-task behaviors.



WHY USE THIS ABI WITH MY CHILD?

- Antecedent-based interventions can be used to prevent or reduce interfering behaviors and increase engagement in an activity.
- Research studies have shown that antecedent-based interventions have been used effectively with learners in early intervention, preschool, elementary school, middle school, high school, and young adults on the spectrum to effectively address academic/pre-academic, adaptive/self-help, interfering behavior, communication, mental health, play, school-readiness, and social outcomes.

WHAT ACTIVITIES CAN I DO AT HOME?

- When your child has a behavior that harms their safety or interferes with their learning, think about what happened before and after the behavior.
- Think of ways you can change what happens before the interfering behavior. For example, if your child refuses to brush his or her teeth, consider introducing a visual schedule to signal your child needs to brush teeth and the steps involved. Changing the environment before an activity (such as using a picture rather than words) the interfering behavior may decrease.
- Remember to praise your child or provide reinforcement for completing a task or activity.

Antecedent-Based Interventions ABI

This parent introduction to ABI was designed as a supplemental resource to help answer questions about antecedent-based interventions.

To find out more about how this ABI is being used with your child, please talk with:

For more information about this selected evidence-based practice, please visit <https://afirm.fpg.unc.edu/>.