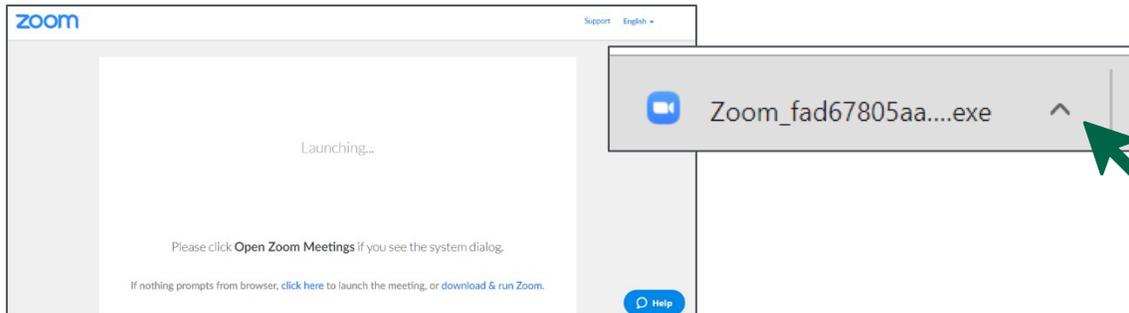
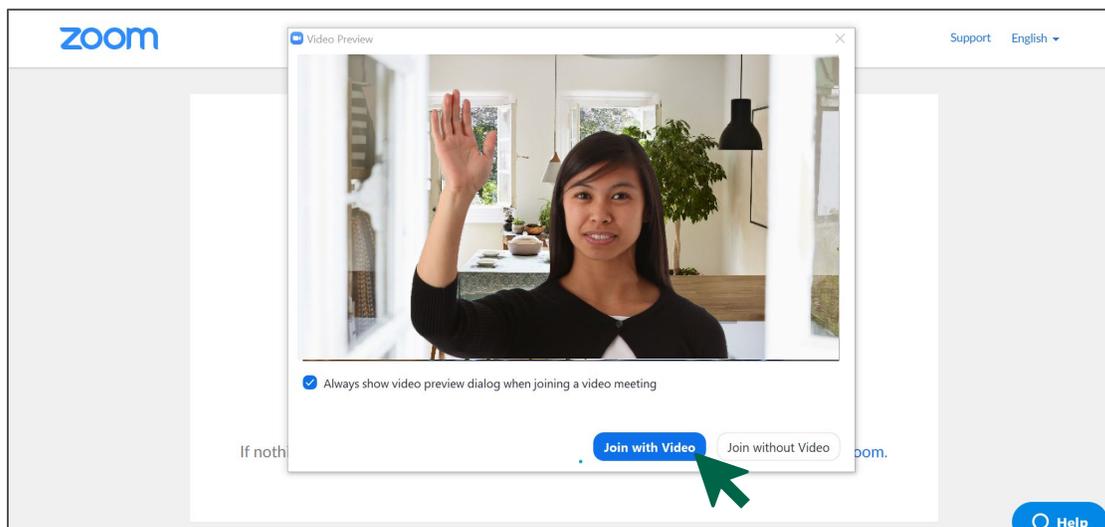


# Joining Zoom from Email

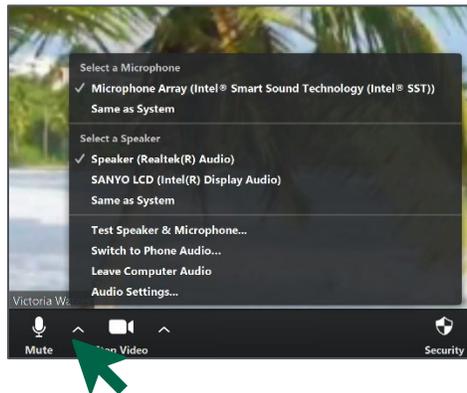
1. Click the Zoom meeting link from your email. Zoom should automatically open to download.
  - i. If the download does not automatically open, you can right click the file and click *Open* to start the download process. Follow the prompts to download.



2. Test your audio and video settings
  - i. Click *Join with Video* or *Join without Video*



3. Your video screen will open up. You can see the volume and video settings in the lower left screen.
  - i. Click the **arrow next to the mute button** to select your microphone and speaker, test your speaker and microphone, and click for additional audio settings.



Resource	Description	Access
Zoom Support	Video instructions and additional information for various platforms (Windows, Apple, Android)	<a href="https://support.zoom.us/hc/en-us/articles/201362193-How-Do-I-Join-A-Meeting-">https://support.zoom.us/hc/en-us/articles/201362193-How-Do-I-Join-A-Meeting-</a>