







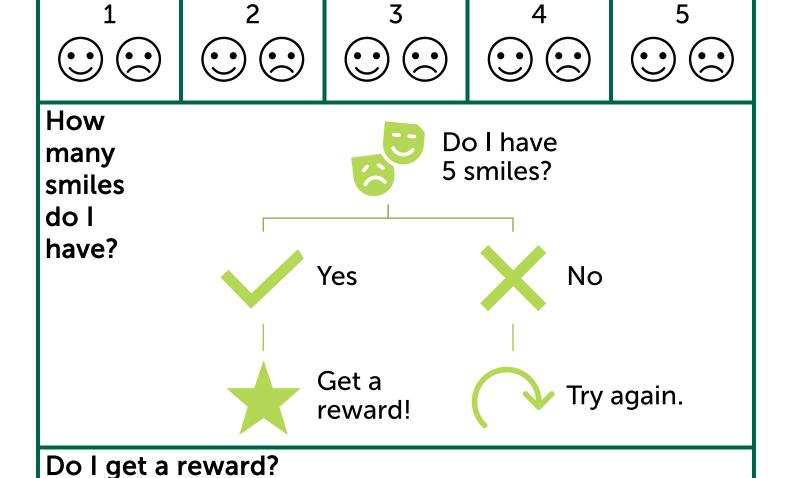
Self-Management

Directions:

At the end of each of 5-minute interval, circle whether you actively participated in online learning. After the fifth or last time interval, determine if you get a reward.

Target Behavior/Skill:

- 1. Ask a question relevant to the lesson AND/OR
- 2. Made a comment relevant to the lesson



Adapted from AFIRM Module: Self-Management