

LOSS OF A LOVED ONE II



When someone dies, I will not see

them again.



Instead, I can think about them in my

head.

When someone dies, it is OK to feel



sad or mad. When I am sad, it is OK to



Resources for Autistic Individuals and their Families Impacted by War and Displacement



When I am sad, I can take deep



breaths and be with people I love.



The people here who love me will help

me feel better.

